

# Frequently Asked Questions: CATAPULT KITCHEN INCUBATOR

Learn More about Our Space + Resources

Thank you for your interest in our kitchen!  
Below are answers to questions we hear often.



## 01 Why should I become a member of Catapult Kitchen?

We will provide you with the space, education, and community to grow your food based business. You will have access to a certified kitchen to produce and perfect your goods.

Included in your monthly rate is a co-working membership, which allows you to participate in workshops at a discounted cost and provides many networking opportunities. Our goal is to assist the incubation of your business.

## 02 What is equipment is available for use in the kitchen

- Convection Ovens (2 ovens)
- Induction Stove (4 burners)
- Stand Mixer (20 quart bowl)
- KitchenAid Mixers (5 quart bowls, 2 mixers)
- Various small wares (spatulas, whisks, etc.)
- Dry Storage
- Cold Storage
- Freezer Storage



## 03 What are the costs and benefits of kitchen membership?



24/7 access to the kitchen



Dry, cold, and freezer storage



Co-working membership

Kitchen membership is \$125 per month and includes the above features. Members can add employees to their membership for an additional \$75 per month.



## 04 How many hours per week may I use the kitchen?

Our kitchen is available for reservation 24/7. There is no limit to the number of hours, as long as the schedule is in compliance with the other members.

Typically, members use the kitchen 8-20 hours weekly.

## 05 How do I thrive at Catapult?

Businesses who seek growth thrive at Catapult. We encourage you to fully participate in the community through engaging in mentorship, attending workshops, and collaborating with others.

Our educational programming, such as Workshop Wednesdays and Boot Camp offer your business the opportunity to develop valuable infrastructure.

We want to help our members define business goals and provide the space and education to reach them. We will help establish realistic, but aggressive objectives for your business over the next 18 months.

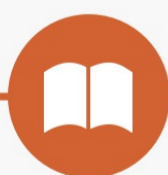


## 06 How do I become a member?

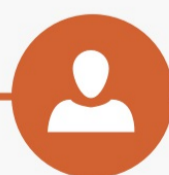
We accept new members on a rolling basis, subject to kitchen availability. Below is the process to become a member of our kitchen



Fill out our Kitchen Interest Form



Attend our Boot Camp course



Partner with a Catapult Mentor



Gather required documentation

To read more about becoming a member, click [here](#).

For inquiries about Catapult Incubator Kitchen please contact Maggie Leach at [kitchen@catapultlakeland.com](mailto:kitchen@catapultlakeland.com) or (863) 940-9660.